
The Navy Public Affairs Library (NAVPALIB)
A service of the Navy Office of Information, Washington DC
Send feedback/questions to navpalib@opnav-emh.navy.mil

Date: Fri, 27 Jan 1995 17:10:01 -0400 (EDT)
Subject: Naval Service Medical News (NSMN) 95-04

R 270246Z JAN 95 ZYB
FM BUMED WASHINGTON DC//00//
SUBJ/PUBLIC AFFAIRS-NAVAL SERVICE MEDICAL NEWS (NSMN) (95-04)//
POC/P.C. BISHOP/CAPT/MED-00P (PUBLIC AFFAIRS)/-/TEL:(202)
653-1315/TEL:DSN 294-1315/-//

RMKS/1. THIS SERVICE IS FOR GENERAL DISTRIBUTION OF INFORMATION AND NEWS OF INTEREST TO NAVY AND MARINE CORPS MEMBERS, CIVILIAN EMPLOYEES, FAMILY MEMBERS AND RETIRED BENEFICIARIES OF NAVY MEDICINE. MAXIMUM AND TIMELY REDISTRIBUTION OR FURTHER REPRODUCTION AND USE BY ACTION ADDRESSEES IS ENCOURAGED. THIS MESSAGE HAS BEEN COORDINATED WITH THE COMMANDANT OF THE MARINE CORPS (CMC). THE COMMANDANT HAS AUTHORIZED TRANSMISSION TO MARINE CORPS ACTIVITIES.

2. HEADLINES AND GENERAL INTEREST STORIES THIS WEEK:
(950024)-Hospital Corpsman -- Armed Forces Athlete of the Year
(950025)-Evacuation Training Pays Off for Naval Hospital
(950026)-Preventive Maintenance Saves Time and Money
(950027)-SPOTLIGHT ON NAMRU-2, Jakarta, Indonesia
(950028)-Proclamation on African American History Month (para 3)

HEADLINE: Hospital Corpsman -- Armed Forces Athlete of the Year
BUMED Washington (NSMN) -- Hm1 Elizabeth Evans was recently honored as Navy Female Athlete of the Year in a ceremony at the National Press Club in Washington, DC.

Evans, who was recognized for her outstanding accomplishments in Tae-Kwon-Do, says hard work and dedication are key elements in becoming a champion. "To attain success in sports or anything else you want to accomplish," she said, "all you need to do is set a goal, stay focused and go for it." Evans is the 1994 United States National Tae-Kwon-Do champion in her weight class and, in addition to being Navy Female Athlete of the Year, was also selected as the 1994 Armed Forces Female Athlete of the year. She will represent the United States in the 1995 Pan American Games.

Tremendous work ethic has helped Evans become a champion. "This sport gives me a chance to push myself to the limit," she said. "The workouts are my favorite part -- they're so difficult, intense and challenging that they make the competitive events seem anti-climatic."

Evans, who is a quiet, humble and unassuming person, is not one to rest on her laurels. She has her eyes set on an Olympic Gold Medal and has a vision to promote Tae-Kwon-Do in the Navy. Currently, there isn't an organized Tae-Kwon-Do team in the Navy, but Evans hopes to spur increased interest and get one

established in the wake of her accomplishments.

Surprisingly, Evans' rise to excellence has been rapid. She became interested in Tae-Kwon-Do when her husband taught her a few kicks, in 1987. "It's great to see someone that you got into the sport reach this level of achievement," said her husband and coach Troy Evans, a hospital corpsman in the Naval Reserves.

"What I've learned in the Navy has given me an advantage over my civilian competition," said the champion. "Tae-Kwon-Do is very structured, with a specific rank structure and order. My Navy experiences have really helped." The discipline, the ability to get up early in the morning and train, and command support are all important elements of her success.

For the next couple of years, Evans' schedule is jam packed with national and international competitions and many hours of training in between. She is driven to succeed and will not be content until she has struck Olympic gold. Her next big event is the Pan American Games in Mar Del Plata, Argentina, this March.

-USN-

HEADLINE: Evacuation Training Pays Off for Naval Hospital

NAVHOSP Twentynine Palms, CA (NSMN) -- Disaster preparedness and evacuation training paid off for the staff and patients at the hospital here recently, especially for a pair of newborn babies who were delivered after the new mothers, who were in active labor, were evacuated from the naval hospital.

The decision to evacuate the hospital was made after a bomb threat was received by the hospital's Information Desk at 8:10 a.m., 12 January. Some patients and infants were staged at the Resident Officer in Charge of Construction Office near the hospital. Other patients, along with the two Labor and Delivery patients, were transported to Military Sick Call. In all, 29 patients were evacuated from the hospital, and 31 were brought back.

The Provost Marshall Office (PMO) and the base Fire Department were immediately notified of the threat. Specially trained explosive detection dogs were brought in to the hospital by PMO to conduct a search. Fortunately, the threat turned out to be a hoax.

"I was in the middle of a contraction when I found out they were moving me out of the room. I didn't know what was going on," said Lisa Inama, one of the new mothers.

"It was very hectic at first, but the staff really knew what they were doing and did an excellent job," said Rebecca Aguinaga, the other new mom. Both new mothers echoed basically the same feelings that everyone involved in their care was very professional. "HM2 Julie Wittenmyer really helped me through this labor, and the move, from start to finish," said Aguinaga.

LCDR Phillip Shuffer, MC, delivered Jesus Emanuel Aguinaga, who was born first at 9:34 a.m. Jesus weighed in at 8 pounds, 6.4 ounces and measured 20 inches in length. LT Anne Petre, MC, delivered Micaela Caitlin Inama at 10:10 a.m. Micaela weighed 7 pounds, 3.6 ounces and also measured 20 inches in length.

This was a first for the hospital (the evacuation), and a first for Military Sick Call (the births of the babies). By

noon, all of the hospital's patients were safely returned to their rooms and business returned to normal.

-USN-

HEADLINE: Preventive Maintenance Saves Time and Money

NAVHOSP Corpus Christi, TX -- Naval Hospital Corpus Christi's main transformer was found to be leaking non-PCB oil during a daily visual inspection during the Christmas holiday weekend. The Hospital's Maintenance Department, the Public Works High Voltage Shop and the Public Works Facilities Support Contracts expeditiously coordinated the repairs required. An emergency contract was prepared and awarded 29 December 1994. The transformer was removed from service at 1200 on 30 December 1994 and returned to service at 1130 on 2 January 1995. The outage was scheduled during the New Year's holiday weekend to minimize the impact on the naval hospital's customers and patients. During this time, the hospital operated on emergency power and continued to provide the following services: Emergency Room, Pharmacy, Laboratory, Radiology and Patient Ward. At no time during this power outage was the hospital's emergency readiness compromised.

This event emphasizes the importance of having a WORKING preventive maintenance program. By finding the leak early, the damage and repairs to the transformer were confined to replacing the bushings and gaskets at a cost of approximately \$12,000 (this figure includes the actual cost of repairing the transformer, overtime labor costs and fuel for the emergency generator). If the leak had gone undetected, the repairs could have been in excess of \$60,000 and the hospital's mission severely impacted. Story by LT Scott Moser, CEC

-USN-

HEADLINE: SPOTLIGHT ON NAMRU-2, Jakarta, Indonesia

NMRDC Bethesda, MD (NSMN) -- The U.S. Naval Medical Research Unit No. 2 in Jakarta, Indonesia, is one of 12 laboratories in the Naval Medical Research and Development Command's laboratory system.

Currently under the command of CAPT F. Stephen Wignall, MC, NAMRU-2 began activities in 1968 when the Indonesian Ministry of Health (MOH) requested assistance in controlling a plague epidemic. The success of that collaborative effort resulted in the MOH's invitation for NAMRU-2, then located in Taipei, Taiwan, to remain in Jakarta for the purpose of developing research activities of mutual interest to Indonesia and the U.S. Navy.

In 1986, a building including research laboratories, insectaries and dormitories, was constructed on the grounds of the provincial hospital in Jayapura, Irian Jaya, to accommodate the demands of an expanded malaria program.

The NAMRU-2 was officially established in Indonesia when laboratory space was provided by the MOH in 1970.

The geographic location of NAMRU-2 offers researchers access to a 3,500-mile archipelago astride the equator in Southeast Asia. Distinctly Asian diseases occur on the western islands of the archipelago and diseases more typical of the South Pacific

region occur on the eastern islands, especially on Irian Jaya. Almost all infectious diseases of military importance can be found within the Indonesian archipelago: malaria, dengue fever, typhoid, cholera, leptospirosis, filariasis and Japanese encephalitis as well as other hemorrhagic fevers, enteric pathogens, viruses and parasites. NAMRU-2's facilities -- 20,000 square feet of laboratory space -- include fully equipped and functional virology, microbiology, parasitology, entomology, immunology and clinical laboratories. There are extensive microcomputer resources for data processing and biostatistical applications.

NAMRU-2's studies include:

- Malaria pathogenesis, epidemiology, prevention and treatment
- Vector transmission studies
- In vitro filaria cultivation
- Field site development to test malarial and enteric disease vaccines and anti-malarial drugs
- World Health Organization-sponsored live attenuated cholera vaccine trial
- Hepatitis epidemiology
- Dengue pathogenesis and epidemiology
- Japanese encephalitis epidemiology
- Epidemiology of retroviral infections
- Correlation of HIV genetic variability and disease natural history.

Story by Doris Ryan

-USN-

3. Events, observances and anniversaries occurring 1-8 February:

- African-American History Month
- American Heart Month -- "Life. It's What We're Fighting For" (AHA, 1-800-AHA-USA1)
- National Children's Dental Health Month
- Sleep Safety Month (703/683-8371)
- AMD (age-related macular degeneration) Awareness Month (Prevent Blindness America, 1-800-331-2020)
- 1 February 1865: President Abraham Lincoln signs 13th Amendment to the Constitution, abolishing slavery
- 1 February: National Freedom Day
- 2 February: Groundhog Day
- 3 February 1945: U.S. Sixth Army soldiers begin attack on Manila
- 5-11 February: National Burn Awareness Week
- 6-17 February: Staff Corps O-6 Selection Board Meets
- 7 February: BUPERS' Early Morning Detailing, 0600-0800, and Night Detailing, until 2200 (Eastern Time)
- 8 February 1910: Boy Scouts of America Founded
- 8 February 1735: First opera performed in the Colonies, Charleston, SC, 1735

-more-

HEADLINE: Proclamation on African American History Month

THE WHITE HOUSE, Washington (NSMN) -- President William J.

Clinton signed the following presidential proclamation on 20 January 1995, declaring February 1995 National African American History Month.

Warm greetings to everyone celebrating African American History Month, 1995.

Hillary and I join you in marking the brave efforts of the countless Americans throughout our nation's history who have demanded justice, declared an end to segregation, and fought to ensure that every individual has the opportunity to build a brighter future for themselves and their families.

Today, there is a renewed sense of hope in America -- a hope based on the idea that our great diversity can unite rather than divide our society. It is the same hope that has inspired African Americans since our country's beginnings to dream of a nation in which all people enjoy the freedom to make their own lasting contributions to our world. If we are truly to build on history's rich lessons, we must always remember these pioneers' pivotal roles in American history.

Ours can be a land of unprecedented peace and prosperity in the twenty-first century if we have the faith that Martin Luther King described, the faith to "transform the jangling discords of our nation into a beautiful symphony of brotherhood." We must never cease striving to bring people together across racial and cultural barriers. This is our generation's most solemn calling and most important challenge.

I urge everyone, during African American History Month and throughout the year, to take up this challenge and to learn more about the black Americans who have made this country great.

Signed WILLIAM J. CLINTON

-USN-

4. ADDRESSEES ARE ENCOURAGED TO SUBMIT INFORMATION AND NEWS ITEMS OF MEDICAL DEPARTMENT OR BENEFICIARY INTEREST (IN STORY FORMAT) BY TELEPHONE, FAX OR E-MAIL TO BUMED, ATTN: EDITOR, NAVAL SERVICE MEDICAL NEWS (MED 00P2). TELEPHONE (202) 653-0793, DSN 294-0793. FAX (202) 653-0086, DSN 294-0086. E-MAIL NMCOENL@BUMED10.MED.NAVY.MIL//

-USN-